

Resort Activities

February 2026



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:00 - 09:00 	Morning Yoga* Maximum 9 people 300 THB/ person Beach	Morning Yoga* Maximum 9 people 300 THB/ person Beach	Yoga For Beginner* Maximum 9 people Beach	Morning Yoga* Maximum 9 people 300 THB/ person Beach	Morning Yoga* Maximum 9 people 300 THB/ person Beach	Yoga For Beginner* Maximum 9 people Beach	Mat Pilates* Maximum 8 people Beach
10:30 - 11:15 	Aqua Aerobic** Maximum 15 people Pool 6	Aqua Hilt** Maximum 15 people Pool 6	Aqua Boxing** Maximum 15 people Pool 6	Aqua Functional** Maximum 15 people Pool 6	Aqua Boxing** Maximum 15 people Pool 6	Aqua Hilt** Maximum 15 people Pool 6	Aqua Functional** Maximum 15 people Pool 6
15:00 - 16:00 	Thai Boxing Class Maximum 8 people 500THB/ person Fitness Center	Bag Painting Maximum 6 people 400 THB/ person Fitness Center	Sup & Kayak Free Hour (15Min/Session) Maximum 8 people Beach	Bag Painting Maximum 6 people 400 THB/ person Fitness Center	Sup & Kayak Free Hour (15Min/Session) Maximum 8 people Beach	Thai Boxing Class Maximum 8 people 500THB/ person Fitness Center	Afternoon Yoga Maximum 8 people Fitness Center
16:00 - 17:00 	Beach Soccer** Maximum 10 people Beach	Beach Tennis** Maximum 10 people Beach	Beach Volleyball** Maximum 10 people Beach	Afternoon Yoga Maximum 8 people Fitness Center	Beach Soccer** Maximum 10 people Beach	Beach Tennis** Maximum 10 people Beach	Thai Boxing Class Maximum 8 people 500THB/ person Fitness Center

- Activities are for guests aged 13 years and above.
- 24-hour advance reservation required at the front desk or Kora application.
- Please arrive at least 10 minutes before the scheduled start time of the activity.

- * Activities will be relocated to the Fitness Center in case of rain.
- ** Activities will be canceled in case of rain.